



**APRIL
2024**

| SUN | MON | TUE | WED | THUR | FRI |
|-----------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|
| | 1 | 2 | 3 | 4 | 5 |
| <i>April Showers</i>  | 10:30 Body Conditioning w/Jess 1:00 Beginner Bridge | CLOSED VOTING 6 am – 8:00 pm | 10:00 Tai Chi w/Dee 11:30 Strength & Balance w/Cassie 1:00 Mahjong 6:30 pm Cornhole | 9:00 Breakfast Club 1:00 Broadway Singer “James Michael” | 9:30 Low Impact Aerobics w/Lisa 10:00 Rummikub 10:30 Chair Yoga w/Elaine 1:00 Canasta |
| 7 | 8 | 9 | 10 | 11 | 12 |
| | 10:30 Body Conditioning w/Jess 1:00 Beginner Bridge | 9 -12 Municipal Agent, Dawn MacNutt 10:00 Cornhole 11:00 I-Phone Workshop 1:00 Silver Needles | 10:00 Tai Chi w/Dee 11:30 Strength & Balance w/Cassie 1:00 Mahjong 1:00 Massage w/Jill (By Appt) 3:00 Drop-in Dance 6:30 pm Cornhole | | 9:30 Low Impact Aerobics w/Lisa 10:00 Rummikub 10:30 Chair Yoga w/Elaine 1:00 Canasta |
| 14 | 15 | 16 | 17 | 18 | 19 |
| Sunday: 4:00 Concert Club “Sam Cooke” | No Body Conditioning Class 1:00 Ginny Apple Wildlife Lecture “Black Bears” 1:00 Beginner Bridge | 9 -12 Municipal Agent, Dawn MacNutt 10:00 Cornhole 11:00 I-Phone Workshop 1:00 Silver Needles 1:00 BP Clinic (RVNA) | 10:00 Tai Chi w/Dee 11:30 Strength & Balance w/Cassie 1:00 Mahjong 6:30 pm Cornhole | 12:00 Spring Luncheon w/entertainment by “Jim Moker” | No Low Impact Aerobics Class 10:00 Rummikub No Chair Yoga 1:00 Canasta |
| 21 | 22 | 23 | 24 | 25 | 26 |
| | 10:30 Body Conditioning w/Jess 1:00 Beginner Bridge 1:00 Birthday Social w/Kay (March/April) | 9 -12 Municipal Agent, Dawn MacNutt 10:00 Cornhole 11:00 I-Phone Workshop 12:30 Burnham Library 1:00 Silver Needles | 10:00 Tai Chi w/Dee 11:30 Strength & Balance w/Cassie 1:00 Mahjong 1:00 Brain Games 3:00 Drop-In Dance 6:30 pm Cornhole | 1:00 Bingo  | 9:30 Low Impact Aerobics w/Lisa 10:00 Rummikub 10:30 Chair Yoga 1:00 Canasta |
| 28 | 29 | 30 | | | |
| | 10:30 Body Conditioning w/Jess 12:00-4:00 AARP Smart Driving Class 1:00 Beginner Bridge | 9-12 Municipal Agent, Dawn MacNutt 10:00 Cornhole 11:00 I-Phone Workshop 1:00 Silver Needles | | | <i>Bring May Flowers</i>  |