Our Mission
The mission of Bridgewater’s Hilltop Center is to identify the total needs of our aging population, promote and encourage new and existing activities, provide services and education to enhance the quality of life for all of us.

Veterans Day Celebration
A BIG THANK YOU to Joe Buchheit for the wonderful and moving Veterans Day Celebration. We had over 75 people attend, including our First Selectman, Curtis Read, Father Gerald Dziedzic, former Chaplain of West Point, Bridgid Buchheit Carney who gave a wonderful talk on growing up in a military family and special Guest, Susan Bysiewicz, Lieutenant Governor, State of Connecticut, who presented thank you certificates to the veterans of the Korean War and Vietnam. As usual the Hilltop Singers gave a fitting tribute with their rendition of some of our favorite military songs. Thank you to all who participated.

New Medicare Cards
By now everyone should have received a new Medicare card with a unique ID number that replaces the old card that had a social security number. Starting 1/1/20, providers will no longer be able to use and old card to process Medicare claims. (The old cards will be accepted up to 12/31/19). Please make sure you have the new card with the unique ID and have destroyed the old card with the social security number by 1/1/2020.

If you did not get a new card, you can:
- Call Social Security Administration @ 1-800-772-1213 or visit your local Social Security office. (make sure your address is correct).
- Set up an account with social security by going to the SSA.gov website, scroll to the icon my Social Security and click Create an Account.
- Call Medicare at 1-800-633-4227

If you have lost your Medicare card, or if it was stolen, please contact Medicare directly at 1-800-633-4227.
The Breakfast Club

The first Thursday of the month at 9:00 AM (second Thursday in January). Maximum is 40 people, seats only available from cancellations. Seats filled from the replacement list by the Tuesday before the Breakfast.

Featured:
December 5th - Belgian Waffle
January 9th - Ham Omelet

Our regular fare includes, scrambled eggs, pancakes with blueberries or strawberries and cream. Monthly features will be french toast, belgian waffles or a special. Your choices of sausage, bacon, orange juice, and coffee or tea are included. All this for a special discount of five breakfasts for $20.00. A single meal is $6.00.

The Supper and Entertainment Group

The group meets once a month on Sundays for supper with a choice of sandwiches, coffee and dessert.

Program starts with supper at 4 PM and the entertainment begins between 4:30 PM and 5:00 PM. The program will be shown on the TV on the 2nd Sunday of the month with the program scheduled total time of 4 PM to 6 PM.

December 15th - Dean Martin Special Christmas Show with a Dinner Menu
January 19th - Supper/Concert

December Lunch
Thursday, December 19th

Roast Pork, scalloped potatoes, roasted vegetables plus all the extras including dessert. Sign up is required. Suggested donation $12.00. Marilyn Curtin will be honored at this luncheon!

January Lunch
Thursday, January 16th

John Krakow will once again be preparing his delicious venison stroganoff. Of course beef stroganoff will be available for those of you who prefer. Sign up is required. Suggested donation $12.00.

The Computer Group

Meets Tuesdays 10:00 AM to Noon

December and January Meetings:
The sessions have been changed to a "new model". Students will be active in showing what they have learned. Solving computer issues brought to the meeting will continue. Reviewing and re-creating "Tips and Tricks" will be the main focus. We will be adding "Video Help" to each tip and trick as we review and revise.

Class sessions are detailed on our web site each week.
http://www.bwsccomputergroup.blogspot.com/ for details

Holiday Schedule

December 24th, Christmas Eve - Open until noon
December 25th, Christmas Day - Closed
December 26th - Closed
January 1, New Year's Day - Closed

Greeting Cards

We have a wonderful selection of greeting cards, including Christmas cards. Noella English is available to help you select your own card design and add your very own personal message. Call her at the Center to make an appointment. Cards are $2.00 each.
Festival Of Trees
November 22-24, 2019
Danbury Sports Dome
Benefiting Ann's Place Cancer Support, Festival of Trees is a full, exciting weekend in the Dome, with holiday trees, raffle prizes, artisan vendors, hand-fashioned quilts, and Holiday Marketplace, concluding with the grand raffle drawing Sunday evening.
Through the support of all of you, you make the Festival not only a wonderful community event but help Ann's Place to provide the services to cancer patients, their families and care givers within our community.

Christmas Baskets
If you would like to help out with our Christmas Baskets we are looking for cookies from anyone who can bake. Please bring them to Hilltop Center by Monday, December 9th during regular hours, 10 AM - 4 PM.
We will also need help in assembling the baskets on Tuesday, December 10th at 1 PM, as well as drivers to deliver the baskets. Please call or stop in to sign up. Monetary donations are welcome any time.

How To Protect Yourself From Extreme Cold
Insulate your home properly, caulk windows to prevent drafts. When outside, wear layers of warm clothing, including a hat and scarf to prevent heat loss through your head. Use extra blankets at bedtime as hypothermia can develop during sleep. Eat nutritious foods, exercise moderately and get an adequate amount of sleep. Drink plenty of fluids. If you live alone, have a relative or neighbor check in with you on a daily basis to make sure that you are okay.

Senior Van
The senior van is available for the use of residents over the age of 60 and under the age of 60 for people with disabilities. Use includes doctor appointments, grocery shopping and special activities with a limited destination distance of no more than 20 miles. Availability is on a first come, first serve basis but every effort will be made to meet your needs. Our drivers are Michele King, Alan Dinho, Matt Devito and Ann Frattalone. Please contact the senior van director, Ann Frattalone at 860-350-3042 at least two weeks in advance for your appointments.

Rides Available
Looking For A Place to Party?
Hilltop Center is available for private parties. If you are interested or have questions, please give us a call or stop by.

PLEASE REMEMBER
IF REGION 12 SCHOOLS ARE CLOSED DUE TO WEATHER, WE ARE CLOSED!
Staff
Marilyn Curtin - Director
Ann Frattalone - Assistant

Friends of the Hilltop Center Board Members
Ken Lightcap - Chair
Jane Bernstein - Vice-Chair
Jim Evans - Co-Treasurer
Jean Robinson - Co-Treasurer
Julie Stuart - Secretary
Dawn McNutt
Rudy Simari
Marilyn Curtin

Senior Center Hours
Monday 10 AM - 4 PM
Tuesday 10 AM - 4 PM
Wednesday 10 AM - 4 PM
Thursday 10 AM - 2 PM*
Friday 10 AM - 4 PM
* 10 AM - 4 PM on lunch and birthday social days

Hilltop Center
132 Hut Hill Road
Bridgewater, CT 06752
(860) 355-3090
bwscseniorcenter@gmail.com

Organizations of Interest
Consumer Law Project For Elders
www.connlegalservices.org
1-800-296-1467

Online Living Will Forms
www.ctlawhelp.org

CT Department of Veterans Affairs
www.portal.ct.gov/DVA

Town of Bridgewater
www.bridgewater-ct.gov

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