TANG SOO DO KARATE for Adults / Children (age 7+)

Learn the skills of Tang Soo Do Karate from Black Belt instructor Lorraine Dunn-Laranetto of Bridgewater Karate. Classes are taught in a safe and positive environment with special attention given to developing a student’s discipline, focus, and self-control. Open to all ages / levels. Parents are encouraged to join with their children.

John Busch

Thursday

10 sessions

6:30-7:30 PM

$80 for first student

$60 for each additional family member

NUNCHUCKS TRAINING for Adults / Children (age 7+)

Study the traditional Okinawan martial arts weapon using offensive and defensive moves.

John Busch

Thursday

10 sessions

7:35-8:00 PM

$10 for karate program enrollees

Checks payable to: TOWN OF BRIDGEWATER

TANG SOO DO KARATE WITH JOHN BUSCH

PLEASE DETACH, FILL OUT COMPLETELY AND SIGN WHERE INDICATED. RETURN FORM TO BRIDGEWATER RECREATION COMMISSION OR TO INSTRUCTOR.

NAME______________________________ BIRTH DATE:__________________ Age:__________________

PARENT / GUARDIAN__________________________________________________________________

ADDRESS______________________________________________________________________

PHONE: HOME_________________ WORK______________________ CELL____________________

NOTIFY IN CASE OF EMERGENCY:

NAME________________________________ RELATIONSHIP________________ PHONE____________________

LIABILITY WAIVER

I/we hereby give my permission for ______________________________ to attend the Bridgewater Recreation program “Tang Soo Do Karate” starting (date)_________________________.

I will hold harmless the Town of Bridgewater, its officials, agents, instructors, directors and employees for any and all injury or damage which my child personally incurs or injury or damage to the person or property of others which my child causes or contributes to while participating in this program.

Parent/Guardian Signature________________________ Date____________________

Parent/Guardian Name (print)______________________________________________________________________